



PERSONAL DEVELOPMENT LESSONS 2021-22



UNITY



RESPECT



EXCELLENCE

Date	Title	Category	Community	Skills	RSE & PSHEC	Careers
7th Sept	Starting out in Romantic Relationships		✓		✓	
21st Sept	Respectful Relationships- Black History Month		✓		✓	
5th Oct	Unifrog : What makes a great leader? Or Online Pornography (RSE)			✓	✓	✓
19th Oct	Unifrog : What makes a great leader? Or Online Pornography (RSE)			✓	✓	✓
16th Nov	Progress report reflection			✓		
30th Nov	Unifrog: Talking about your activities			✓		✓
14th Dec	Democracy		✓		✓	
11th Jan	The Edge			✓		
25th Jan	Unifrog: Subjects library treasure hunt			✓		✓
8th Feb	Capacity to consent				✓	
1st Mar	Progress report reflection			✓		
15th Mar	Unifrog: Wellbeing - being kind to yourself				✓	
29th Mar	The Edge			✓		
26th Apr	Preventing STIs, contraception, and unplanned pregnancy		✓		✓	
10th May	Unifrog: Identifying interest			✓		✓
24th May	Relationship expectations		✓		✓	
14th June	Unifrog: Your skills, your team, your future			✓		✓
28th June	Progress report reflection			✓		
12th July	The Edge			✓		

- **Community:** students are taught what being part of a community means. This often links to the school community and the idea of 'Unity', linking to the school ethos.
- **Skills:** these periods link to the skills which students should be able to demonstrate, in particular their ability to function in school, the workplace and society. Often, these link to 'Excellence' in the school ethos.
- **PSHE:** students are required to cover important values or health-based topics which form part of the statutory requirement in all schools. These topics often link to the 'Respect' aspect of the school ethos.
- **Careers:** in these periods, students consider what they might do in the future. Careers guidance is a statutory requirement. These topics often link to the 'Excellence' aspect of the school ethos.