

# 13

## PERSONAL DEVELOPMENT LESSONS 2021-22



UNITY



RESPECT



EXCELLENCE

Date	Title	Category	EXCELLENCE			
			Community	Skills	RSE & PSHEC	Careers
7th Sept	Coercive control				✓	
21st Sept	Unifrog: How to ... applications list			✓		✓
5th Oct	Black History Month		✓			
19th Oct	Progress report reflection			✓		
16th Nov	Unifrog: Assessment centres + Peer on peer abuse		✓		✓	✓
30th Nov	Unifrog: Assessment centres + Peer on peer abuse		✓		✓	✓
14th Dec	Study and revision skills			✓		
11th Jan	PPEs		✓		✓	
25th Jan	Unifrog: Managing stress and anxiety				✓	✓
8th Feb	Gambling				✓	
1st Mar	Progress report reflection			✓		
15th Mar	Phobic bullying		✓		✓	
29th Mar	RS		✓			
26th Apr	Consent		✓		✓	
10th May	Human Rights		✓		✓	
24th May	FGM or FASD		✓		✓	
14th June	Exams					
28th June	Exams					
12th July	Exams					

- **Community:** students are taught what being part of a community means. This often links to the school community and the idea of 'Unity', linking to the school ethos.
- **Skills:** these periods link to the skills which students should be able to demonstrate, in particular their ability to function in school, the workplace and society. Often, these link to 'Excellence' in the school ethos.
- **PSHE:** students are required to cover important values or health-based topics which form part of the statutory requirement in all schools. These topics often link to the 'Respect' aspect of the school ethos.
- **Careers:** in these periods, students consider what they might do in the future. Careers guidance is a statutory requirement. These topics often link to the 'Excellence' aspect of the school ethos.