



## PERSONAL DEVELOPMENT LESSONS 2021-22



UNITY



RESPECT



EXCELLENCE

Date	Title	Category	EXCELLENCE			
			Community	Skills	RSE & PSHEC	Careers
7th Sept	Unifrog: Post 16 Choices			✓		✓
21st Sept	Study and revision skills			✓		
5th Oct	Black History Month		✓		✓	
19th Oct	PPEs					
16th Nov	Unifrog : Busting BTEC Myths/Revision techniques			✓		✓
30th Nov	Progress report reflection			✓		
14th Dec	Human Rights		✓		✓	
11th Jan	Relating to others		✓		✓	
25th Jan	Unifrog: A level choices/Coping with changes			✓		✓
8th Feb	Progress report reflection			✓		
1st Mar	The Edge			✓		
15th Mar	Sexual relationships				✓	
29th Mar	Gender identity				✓	
26th Apr	RS		✓			
10th May	Unifrog: Intro to apprenticeship/Wellbeing - managing stress			✓		✓
24th May	Sexual harassment				✓	
14th June	Exams					
28th June	Exams					
12th July	Exams					

- **Community:** students are taught what being part of a community means. This often links to the school community and the idea of 'Unity', linking to the school ethos.
- **Skills:** these periods link to the skills which students should be able to demonstrate, in particular their ability to function in school, the workplace and society. Often, these link to 'Excellence' in the school ethos.
- **PSHE:** students are required to cover important values or health-based topics which form part of the statutory requirement in all schools. These topics often link to the 'Respect' aspect of the school ethos.
- **Careers:** in these periods, students consider what they might do in the future. Careers guidance is a statutory requirement. These topics often link to the 'Excellence' aspect of the school ethos.